

New publication

ESSE

36 Spielkarten

BE HAPPY

BE HAPPY

Be Happy is a versatile medium to develop mindfulness, to strengthen discrimination, thus fostering the development of character.

The pair of cards may be used for initiating discussions and for role-plays. They can also be used as a game to improve the memory. Or just to enjoy playing a meaningful game together.

The cards illustrated by Ehko Merlo can be ordered for 6,- EURO in the bookshop of the

Sathya Sai Vereinigung:
www.sathyasai-buchzentrum.de

